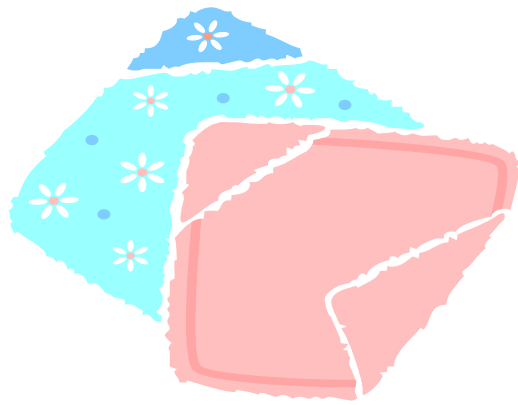


# USNH Okinawa



# STORK'S NEST



## CONTENTS

Stork's Nest Program, Criteria for Stork's Nest Eligibility; Orders; Application for Stork's Nest -----	3
Determination of Availability; Check-In/Out Procedure; Recommended What to Bring-----	4
Frequently Asked Questions, Stork's Nest Emergency Numbers; -----	5-6
Dining Facilities and Sponsorship Program-----	7
Typhoon Season (01JUN-30NOV) Information-----	8



# Stork's Nest Program

The mission of the Stork's Nest is to provide the mother-to-be temporary lodging, based on space-availability, in close proximity to United States Naval Hospital (USNH) Okinawa for the labor & delivery of her baby. The USNH Stork's Nest is a TAD funded temporary lodging for obstetric beneficiaries who are transferred to USNH Okinawa for High Risk Pregnancy care. Located in Building 971, the Stork's Nest is right across the parking lot from the hospital. There are private rooms, each with a bathroom, queen bed, sofa, refrigerator/freezer, microwave, TV/VCR/DVD, dresser, a kitchenette, and availability of free laundry facilities. Various on base restaurants offer delivery on base. The Stork's Nest is equipped to provide basic temporary lodging accommodations for up to 3 people or a maximum of 2 adults.

Stork's Nest residents can use the USNH Okinawa dining room or patronize the various Camp Foster base restaurants. Residents may leave the base, however it is recommended to stay in close proximity to the base. Siblings are welcome to the Stork's Nest, as long as there is another adult who can care for them when Mom goes into labor.

**USNH Okinawa does not provide childcare.** It is strongly recommended that a family care plan is ready to activate or alternate childcare arrangements are made for the siblings or other minors in the event of unforeseeable circumstances.

Residents are responsible for the daily cleaning of their rooms, just as at home, however housekeeping will be offered weekly by the West Pac Inn. We appreciate your cooperation in maintaining the general cleanliness of your room as well as the common areas (living/dinning room, kitchenette, bathrooms and laundry room) in consideration of other Stork's Nesters.

You Case Manager will be your point of contact (POC) for obtaining this lodging.

## **CRITERIA FOR STORKS NEST ELIGIBILITY**

- 1- Eligible OB beneficiaries are active duty service members or their dependents who are able to care for themselves and are in an outpatient status. The Storks Nest is not a patient care facility, but temporary military billeting/lodging maintained by the West Pac Inn/Marine Corps Inn.
- 2- The eligible beneficiary is responsible for having a childcare provider to care for children during admission to the hospital for labor and delivery, and for anytime the beneficiary is not available. USNH Okinawa does not provide childcare.
- 3- If you meet criteria for eligibility, your case manager will make/coordinate the arrangements or assist in the use of DTS

## **CHECK IN/OUT PROCEDURE**

Please call the West Pac Inn (098) 970-2455 or 81-98-970-2455 with your estimated time of arrival. The best times for check-in/out are 0800-1600 every day. Check-in/out procedures will be initiated at West Pac Inn, which is located separately from the Storks Nest Building.

Residents will follow check out procedures with the West Pac Inn and their instructions on how to do so.

### **RECOMMENDED WHAT TO BRING**

- OB & medical records
- Passports, copies of orders, and family care plan
- Clothes and shoes appropriate for season and walking
- Personal hygiene items
- Clothing for baby
- Favorite pillow and blanket (optional)
- Towels and wash cloths (optional)
- Car seat(s) (mandatory)
- Money major credit cards or ATM card
- Stateside License
- SOFA License or International Drivers License
- Hours of operation (M-F, excluding holidays) 0800-1600
- OB/GYN Clinic ----- 098-971-7250



## **FREQUENTLY ASKED QUESTIONS (FAQs)**

### **1. Where do I park?**

Parking is conveniently available near the Stork's Nest.

### **2. Can my family stay with me in my room? Can I bring a pet?**

Family members are encouraged to visit. For fire and safety reasons, only 3 people (or 2 adults and the newborn) may stay in the room with you. For admission to the hospital for labor and delivery or triage visits, you will need to have another adult or child care provider take care of your children. No pets are allowed.

### **3. How can I get to the Stork's Nest from Naha Airport if I do not have a car? What about Kadena AMC flights?**

Taxis are available near the airport that have base access and can get you to both the West Pac Inn and the Stork's Nest Building. Numbers for taxis are as follows- +81 98-970-8888, select the option for "Naha Airport and surrounding areas." The same number can be used for Kadena, just select the option for "Kadena and surrounding areas." MCCS Also offers a van pick up for a flat fee, see QR code at the end of this packet

### **4. How do I get around base if I do not have a car?**

The Green Line is a shuttle system that operates on all of the surrounding bases on a schedule that can be found at <https://www.mcbbutler.marines.mil/Base-Information/The-Green-Line/>. There are also multiple taxi stands around the base.

### **5. How will I know who my new doctor will be and when my remaining prenatal appointments will be?**

Upon acceptance to transfer to this facility you should have your initial appointments scheduled.

**6. What costs are involved in Stork Nesting?**

The Stork’s Nest is considered TAD lodging and does have a cost associated with it. This per diem rate is set by the DTS/Travel office.

**7. Will I have email capability while I am Stork Nesting?**

Yes, if you have your own laptop, Bldg 971 has Wi-Fi. If you do not own a laptop computer, the base library has computer and internet access. Hours of operation are daily from 1030 to 1930.

**8. Am I responsible for cleaning my own room?**

Yes, however we have a cleaning service provided weekly to collect towels, sheets, provide any extras of amenities that are typical in the hotel setting.

If you would like to use this service please hang the “Requesting Room Service” sign on your door.

**9. Can my kids go to school at Okinawa while I’m Stork Nesting?**

No, children are not eligible to attend Okinawa DoDEA schools. DoDEA recommends keeping your child/children enrolled at their present school to prevent disruption of their education.

**10. Will the CDC on the base transfer my child’s enrollment to the CDC at Camp Foster?**

Each CDC is run independently and enrollment cannot be transferred between centers. Hourly CDC is available once your child is registered at Camp Foster CDC. Please call 098-970-5072 for availability or for registration information.

**11. Where can I find baby/children supplies for during my stay and postpartum?**

Kadena Chapel Kids Closet is a resource on island that stocks and takes donations of various maternity/baby/children/postpartum items. These items are free when the closet is open, and your sponsor can help coordinate transportation to and from.

**12. How can I obtain a breast pump?**

If you arrive prior to 27 weeks, your breast pump prescription will be provided at your appointments. This can be taken to the Janz Medical Supply in the Four Seasons in side the Foster Exchange, or the Kadena exchange. They will walk you through the process and provide you with your selected pump.

If you arrive after 27 weeks, please bring your pump with you in case a hospital one cannot be loaned.

**IMPORTANT PHONE NUMBERS**

Maternity Infant Care Center(MICC)/Labor & Delivery----- 098-971-7436  
USNH Quarterdeck----- 098-971-7555  
OB/GYN Clinic -----098-971-7250



## DINING FACILITIES

\*For more information call 114 (base operator) to ask for the phone number.

- Hospital Galley
- Subway- Hospital and Spot gate
- Exchange Express- Hospital
- Ocean Breeze- Down the hill near the aquatic center
- Taco Bell – Inside the Exchange and Legion Gate Express
- Einstein Bagel's – Spot gate
- Pizza Hut- Spot gate
- Popeyes- near the Exchange
- Charlie's- Exchange
- Burger King- Exchange
- Arbys- Near Exchange

### Sponsorship Program

Should you desire to have a sponsor during your time here, please reach out to the USNH Okinawa Storks Nest email [okistorknestssponsors@gmail.com](mailto:okistorknestssponsors@gmail.com). Once you sign up you will then be receiving information about a sponsor here in Okinawa that can help coordinate grocery pickup, transportation for various things, etc. They will be your person to look to for information and guidance on island while you are here.

## NAVY MWR OKINAWA TRANSPORTATION SERVICES

### AIRPORT TAXI AREA RATES

<b>AREA 1: SOUTH \$45</b> GINOWAN, HAEBARU, ITOMAN, NAHA, NAKAGUSUKU, NANJO, URASOE, NISHIHARA	<b>AREA 2: SOUTH CENTRAL \$60</b> URUMA, OKINAWA, YOMITAN, CHATAN, KITANAKAGUSUKU
<b>AREA 3: CENTRAL \$90</b> GINOZA, HENOKO, KIN, ONNA, YAKA	<b>AREA 4: NORTH \$120</b> MOTOBU, NAGO, NAKUJIN, KUNIGAMI, OKUMA, JWTC, OGIMI

BOOK YOUR RIDE TODAY

WWW.NAVYMWROKINAWA.COM

# Typhoon Season

Typhoon Season in Okinawa is from 01JUN until 30NOV. If you are expected to be in Okinawa during this time it is important that you are aware of the procedures for Typhoons.

The most important information for pregnant women is that patients 35 weeks and over with twins, 37 weeks or over with one baby, or if they have been otherwise deemed high risk are advised to shelter in place in the hospital at **TCCOR 1C**. \*Cots & Air Mattresses are available to check out\*

You can find information about the TCCORs and other information on preparation at the URL: <https://www.kadena.af.mil/Portals/40/Weather/Typhoon%20Guide%202024%20Ed.%201.pdf>

## **List of Items to bring with you while sheltering:**

- Any medications
- Loose change for drink vending machines.
- Snacks, drinks, etc.
- Credit Card: The Galley only accepts credit cards for meals. Do not bring large amounts of money or valuables with you.
- Chargers, Books, games, etc. (bring a book light if you have one)
- Your hospital bag
- Toiletries, towel, change of clothes, small flashlight.
- Pillow, blankets, sleeping bag. (hospital sheets & blankets provided)
- Radio, iPod, etc. (bring headphones!)
- comfort items.